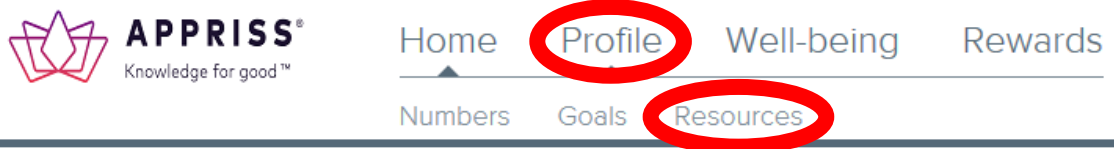


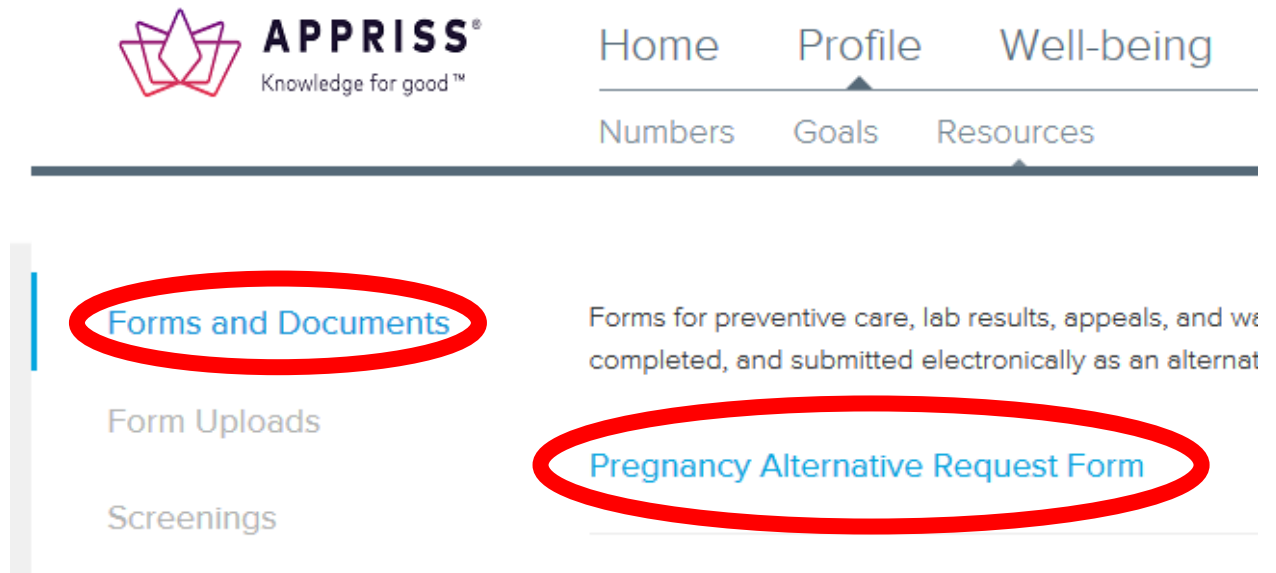
Pregnancy Alternative Program

The Pregnancy Alternative Program is an online pregnancy education program in lieu of the biometrics. Those enrolled will still need to complete a member health assessment AND the Tobacco Affidavit to receive their subsidy and avoid their surcharge. Pregnant employees and spouses do not have to do the pregnancy program if they wish to complete the regular program instead. Please submit this form ASAP as the turn around time for the pregnancy content is 45 days and our programs is about 60 days. If you have any questions please reach out to apresnell@appriss.com or your HRBP.

1. Log into SimplyWell Portal.
2. Click "Profile">"Resources."



3. Click "Forms and Documents" and then "Pregnancy Alternative Request Form."



4. Download form and complete form.

sin

Pregnancy Alternative Request Form

Request Deadline

SimplyWell® must receive the Pregnancy Alternative Request form by September 1st 2019

5. Submit form via upload into the portal, fax, or mail. (NOTE: portal upload will give quickest turnaround time)

You can submit your form in one of three ways: (1) via uploading to <https://connect.viverae.com> (2) via secure fax - (855) 292-8662, or (3) via mail using the address below.

Address: Attn: Screening Services Department, 10670 N. Central Expwy., Suite 250, Dallas, TX 75231

SEE NEXT PAGE.

6. To submit within portal. Go to "Profile">"Resources."(See Step 1)
7. Click "Form Uploads."

The screenshot shows a sidebar menu on the left with the following items: "Forms and Documents", "Form Uploads" (circled in red), "Screenings", "Tobacco Affidavit", and "Links". To the right of the menu, the text "Select the form type and attach your document" is visible. Below this text, there is a "Form Type" dropdown menu currently showing "Select One" with a downward arrow.

8. Click "Select One" and select "Appeal Form."

Select the form type and attach your document(s).

Form Type

The screenshot shows the "Form Type" dropdown menu expanded. The current selection is "Select One" (highlighted in blue), and the option "Appeals Form" is visible below it.

[Attach File](#)

9. Click "Attach File" and choose file.

Select the form type and attach your document(s).

Form Type

The screenshot shows the "Form Type" dropdown menu expanded. The current selection is "Select One" (highlighted in blue), and the option "Appeals Form" is visible below it.

[Attach File](#)

SEE NEXT PAGE.

10. Click "Submit."

Select the form type and attach your document(s).

Form Type

Appeals Form



[Attach File](#)

Captures.PNG

Submit

Cancel

11. Confirm form has been submitted by seeing Submitted, Type, and File within the "Form Uploads" page.

Form Type

Appeals Form



[Attach File](#)

Submitted

Type

File

Sep 3, 2018

Appeals Form

[Captures.PNG](#)