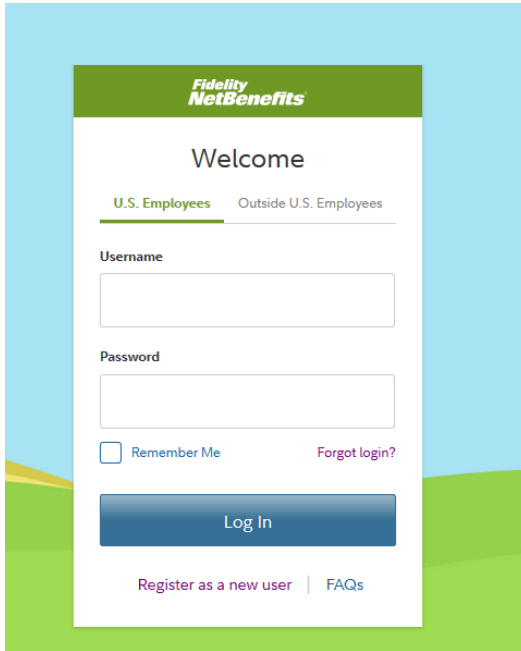
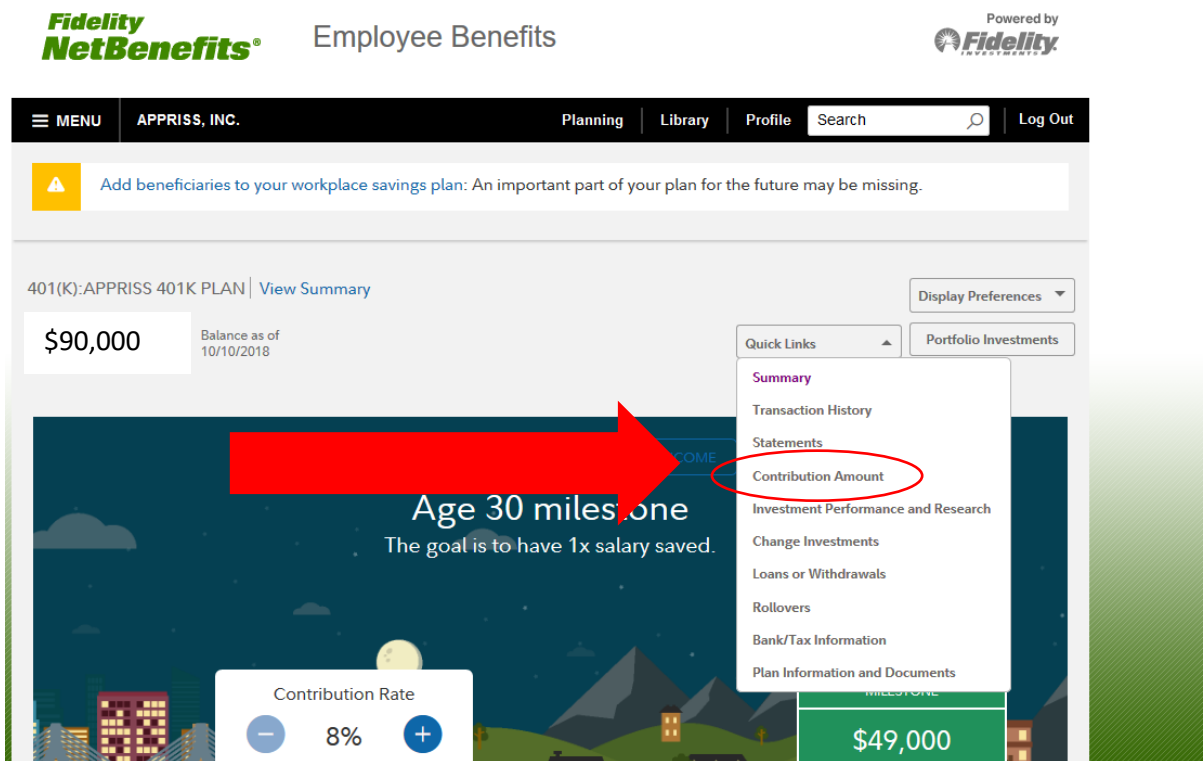


## Changing 401(k) Contributions

1. Go to Netbenefits.com and log in. See guide in Retirement page within apprissbenefits.com for registration directions.



2. Click Quick Links>Contribution Amounts.



3. Click Contribution Amount.

MENU APPRISS, INC. Planning Library P

## APPRISS 401K PLAN (85445)

Summary Contributions Investments Withdrawals/Loans Rollovers Bank/Tax Informat

### Contribution Amount

**Manage Your Contribution Amount**

- Contribution Amount**  
View or update the amount you contribute to your retirement savings plan.  
[Why should I contribute to my retirement savings plan?](#)
- Annual Increase Program**  
Change the amount or timing of your automatic annual Contribution Amount election increase.  
[What is the Annual Increase Program?](#)
- Roll money into your retirement savings**  
Learn more about consolidating your retirement accounts.  
[What is a rollover?](#)

**Tools & Calculators**

- e-Learning**  
Reasons to contribute to your retirement savings plan.
- Take-Home Pay Calculator**  
How will your pre-tax contributions affect your take-home pay?
- Contribution Calculator**  
Can even a small contribution make a difference?

Questions? Call (800) 294-4015

NetBenefits® provided by © 1996-2018 FMR LLC All rights reserved.

[Terms of Use](#) | [Privacy](#) | [Security](#)

4. Change to desired percent and click change contribution amount.

Summary Contributions Investments Withdrawals/Loans Rollovers Bank/Tax I

### Contribution Amount per Pay Period

**Consider This...**

- Save at least 15% of your income each year for retirement. This includes all retirement savings across different accounts plus any employer contributions.

[View your plan's guidelines](#)

**Have a retirement account from a former employer?**

[Simplify your finances by rolling it over now.](#)

Contribution Amount	
<b>PRE-TAX</b>	
Current Election	8 %
Desired Election	<input type="text" value="8"/> %
(0% to 100% in increments of 1%)	
<b>ROTH</b>	
Current Election	0 %
Desired Election	<input type="text" value="0"/> %
(0% to 100% in increments of 1%)	
<b>Contribution Amount Total</b>	
Current Election	8 %
Desired Election	8 %
(0% to 100%)	

Your changes will generally take effect in 1 to 2 pay periods depending upon your plans rules and when your employer makes your requested payroll change.

[Change Contribution Amount](#)

Questions? Call (800) 294-4015

NetBenefits® provided by © 1996-2018 FMR LLC All rights reserved.