



APPRISS[®]
Knowledge for good™

BIOMETRIC SCREENING KNOW YOUR NUMBERS

A Biometric Screening is an important step in understanding your current health and any risk factors you may have. Once complete, you will receive details about your overall health, including cholesterol (total, LDL, and HDL), glucose, blood pressure, and other vital measurements.

You may complete your screening through one of the following options:



OPTION 1: Attend an onsite screening

Log on to connect.simplywell.com or the SimplyWell[®] mobile app and follow the prompts on the homepage under “Biometric Screening” to sign up for an upcoming Quest Diagnostics[®] onsite screening at your work location.



OPTION 2: Visit a local Quest Patient Service Center

Log on to connect.simplywell.com or the SimplyWell mobile app and follow the prompts on the homepage under “Biometric Screening” to schedule an appointment at a Quest Patient Service Center (operating hours: Monday – Friday 7 a.m. to 8:30 p.m. CST; Saturday 7:30 a.m. to 4 p.m. CST).

- If your height, weight, and blood pressure aren't measured at your visit, please call SimplyWell at 888-848-3723 to self-report this information.



OPTION 3: Visit your physician

Log on to connect.simplywell.com or the SimplyWell mobile app and follow the prompts on the homepage under “Biometric Screening” to download the physician form. Visit your physician and have them complete the physician form. To submit your completed physician form to Quest, log on to connect.simplywell.com and follow the prompts on the homepage under “Biometric Screening.”

- If you completed lab work with your physician, you may submit those results on the physician form.

Questions? Call SimplyWell at 888-848-3723.

Note: All programs are confidential and HIPAA-compliant. Any information shared with the SimplyWell team will not be disclosed except in accordance with HIPAA laws. Your Protected Health Information (PHI) will not be shared with your employer.



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